



About The Nest Family Office

Founded in 2021 by Belgian entrepreneur Els Thermote, The Nest is a family office rooted in the belief that food is medicine — for both people and planet. Guided by this principle, The Nest invests in and partners with businesses that are building a healthier, more sustainable food system.

Facts & figures

14

direct participations

11

funds

10

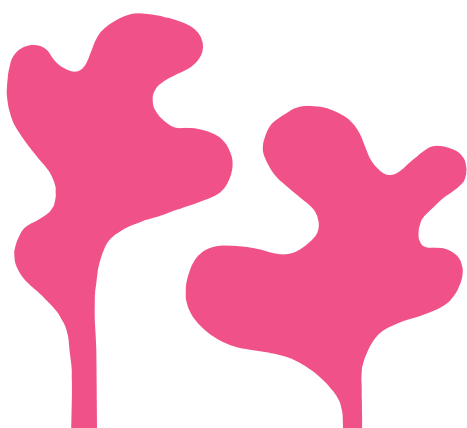
grantees

Through a diverse portfolio, The Nest supports solutions that produce real, nutrient-dense food with respect for farmers, ecosystems, and future generations. Its investments span from early-stage venture capital in promising start-ups to growth capital for established companies, as well as selected venture capital funds. Whether on land or in the ocean, The Nest focuses on regenerative and sustainable food production.

As a purpose-driven investor, The Nest seeks ecological, social, and financial impact. Its investment strategy combines capital with active partnership, helping innovative companies scale and thrive.

The Nest also leads by example through Domaine de Graux, a 120-hectare organic, regenerative farm in Tournai (Hainaut), which demonstrates large-scale agroecology in action. It serves as a living lab to inspire and support farmers in their transition from conventional to organic and beyond.

Complementing the work of The Nest, Els Thermote also founded the Food As Medicine Foundation. The foundation focuses on farmer support, children's food education, and broader awareness around sustainable food systems—driving positive change through collaboration, advocacy, and access to healthy food.



Approach



Long term

We think five generations down the line.



Partnership

We form constructive, sustainable partnerships.



Impact

Our investments have a positive impact for the health of people and nature.



Global

Everything is connected and everyone is important.

Bio of founder and CEO Els Thermote



Els Thermote is the founder and CEO of The Nest Family Office, where she passionately leads efforts to support the transformation of the food system into a more resilient and sustainable one. With a lifelong commitment to healthy food and the philosophy of “food as medicine,” Els channels her deep-rooted passion into strategic investments and initiatives designed to foster systemic change.

Els began her professional journey in 1996 at TVH, the family business her father cofounded. TVH is a global leader in parts for material handling and machinery. As CEO of TVH Americas, she spearheaded significant growth and expansion for the business.

In 2019, Els returned to Belgium to establish The Nest Family Office, where she applies her entrepreneurial spirit and strategic acumen to support innovative solutions aimed at creating a resilient food system. Her investments focus on marrying human health, environmental sustainability, and nutritional value, reflecting a holistic approach to food.

Beyond her role and responsibilities at The Nest, Els still serves on the board of TVH Parts Holding.